

GRADE – V: ANNUAL PLAN (2021-22)



MAEER's MIT Pune's

VISHWASHANTI GURUKUL SCHOOLS

Aurangabad | Barshi | Kothrud | LoniKalbhor | Pandharpur | Sangli | Solapur

SUBJECT: ENGLISH

Name of the Prescribed Books: Marigold

Sr. No.	Month	No of Working Days	Topic/Unit to be completed from Textbook	Activity & Worksheet
1.	April	22	Textbook: 1. The Ice-cream Man 2. Wonderful Waste Grammar: i.) Nouns ii.) Singular and Plural Nouns iii.) Nouns and Gender Writing Skills: Informal letter	i.) Simulating real life situations ii.) Borrowing situations from the world around the learners, from books and from other disciplines.

GRADE – V: ANNUAL PLAN (2021-22)

2.	June	24	Textbook: 3. Flying Together 4. Teamwork Grammar: i.) Pronouns ii.) Subject and Predicate Writing Skills: Story Writing PERIODIC TEST I 21/06/2021 to 29/06/2021	i.) Working in pairs and groups ii.) Book review iii.) Spin a yarn
3.	July	20	Textbook: 5. Robinson Crusoe 6. My Shadow Grammar: i.) Verbs ii.) Adjectives and Comparison Writing Skills: Notice Writing	i.) Using media inputs ii.) Interpreting information given in tabular form and schedule
4.	August	23	Textbook: 7. Cry 8. My Elder Brother Grammar: i.) Adverbs ii.) Articles Writing Skills: Descriptive Writing PERIODIC TEST II 03/08/2021 to 11/08/2021	i.) Stories Retold ii.) Role play /Dramatizing and miming

GRADE – V: ANNUAL PLAN (2021-22)

5.	September	20	Textbook: 9. The Lazy Frog 10. Rip Van Winkle Grammar: i.) Sentences ii.) Negative Sentences Writing Skills: Report Writing Term End Exam 15/09/2021 to 30/09/2021	i.) Narrating and discussing stories ii.) Movie review
6.	October	21	Textbook: 11. The Talkative Barber 12. Topsy – Turvy Land Grammar: i.) Conjunctions ii.) Prepositions Writing Skills: Diary Entry	i.) Solve my problem ii.)Borrowing situations from the world around the learners, from books and other disciplines
7.	November	14	Textbook: 13. Gulliver’s Travels 14. Nobody’s Friend Grammar: Punctuations Writing Skills: Message Writing	i.) Narrating and discussing stories, ii.)Listening comprehension
			PERIODIC TEST III 22/11/2021 to 30/11/2021	

GRADE – V: ANNUAL PLAN (2021-22)

8.	December	23	Textbook: 15. The Little Bully 16. Sing a Song of People Grammar: Descriptive Writing Direct and Indirect Speech	i.) Narrating and discussing stories ii.) Making students aware of the fast moving world. iii.) Discussion on real life situations and experiences.
9.	January	22	Textbook: 17. Malu Bhalu 18. Who will be Ningthou Grammar: i.) Idioms Writing Skills: Formal Letter Writing PERIODIC TEST IV 17/01/2022 to 25/01/2022	i.) Problem solving and decision making ii.) Using newspaper clippings
10.	February	21	If any lesson is pending could be added in this Month. Revision	i.) Debate ii.) Narrating and discussing stories.
11.	March	20	TERM II EXAMINATION FIRST WEEK OF MARCH, 2022	

GRADE – V: ANNUAL PLAN (2021-22)**SUBJECT : HINDI****Name of the Prescribed Books :** मधुप- 5, व्याकरण

Sr. No.	Month	No of Working Days	Topic/Unit to be completed from Textbook	Grammar	Creative Writing	Activity& Worksheet
1.	April	22	पुनरावृत्ति मधुप 5: पाठ १ नव इतिहास रचाएँगे पाठ २ लाला पटेल की 'लायब्ररी'	लिंग, वचन, विलोम शब्द, संज्ञा	अनुच्छेद लेखन, संवाद लेखन	1. घटना लेखन : (मुसीबि का सामना) 2. चचा : पुस्तिकालय का महत्त्व व उपयोग करने के तनयम
2.	June	24	मधुप 5: पाठ ३ मैं हँ मुंबई पाठ ४ समय म लयवान है	संज्ञा, अपठित गद्यांश और काव्यांश, पर्यायवाची शब्द	चित्र-वर्णन, पत्र लेखन- अनौपचारिक पत्र	1. अलबम बनाना : ठकसी दशानीय स्थल के तचत्रों का संग्रह करना I 2. अनुच्छेद लेखन : समय का महत्त्व / ठदनचया लेखन
3.	July	20	मधुप 5: पाठ ५ गुलीवर की यात्रा पाठ ६ सागर टि के पेड़	मुहावरे और वाक्य प्रयोग, अनेकार्थक शब्द, विलोम शब्द	कहानी लेखन	1. नाटक प्रस्तुति : तलतलपुट देश 2. चाटा मेठकिंग : समुद्र टि के ठकसी एक पेड़ बारें में 3. वगा पहेली

GRADE – V: ANNUAL PLAN (2021-22)

4.	August	23	मधुप 5: पाठ ७ बह और वबल्ली पाठ ८ फूल और काँटा	गिनती, सर्वनाम, वाक्यांश के लिए एक शब्द,		1.कहानी लेखन : छात्र पढ़ें गए तचत्रकथा पाठ के बारे में ... 2.साक्षात्कार लेखन : ठकसी माली का
5.	September	20	मधुप 5:	अपठित गद्यांश और काव्यांश, पर्यायवाची शब्द, विलोम शब्द, वचन	सूचना लेखन	तचत्र में रिंग भरना और उसका वणान करना।
6.	October	21	मधुप 5: पाठ ९ शिष्टाचार पाठ १० उम्मीद पाठ ११ बाल कत्तव सम्मलेन	विशेषण	सूचना लेखन, चित्र-वर्णन, अनुच्छेद लेखन, डायरी लेखन	1. स ची बनाना: आदशा ववद्ाथी के गुण 2. तभवि पत्र: देश की सीमा से जुड़े समाचार पत्र सिकलन 3. काव्य सिंग्रह :बाल कववि(RHYM)
7.	November	14	Revision & Periodic Test -3 Diwali Holiday	वाक्यांश के लिए एक शब्द, लिंग		तचत्र में रिंग भरना और उस पर आधाररि कहानी तलखना।

GRADE – V: ANNUAL PLAN (2021-22)

8.	December	23	मधुप 5: पाठ १२ गिरगिट का सपना पाठ १३ कबीर की वाणी पाठ १४ हवा की दुनिया (तत्वज्ञान कथा)	विराम चिह्न, क्रिया	पत्र लेखन	1. चर्चा : रोचक सपना 2. दोहा : सीख और भावाथा लेखन 2. सिंवाद लेखन : हवा और मानव
9.	January	22	मधुप 5: पाठ १५ सिन्धु से भेंटवार्ता, (साक्षात्कार) पाठ १६ मेरा देश	अपठित गद्यांश और काव्यांश, काल, विराम चिह्न	कहानी लेखन, संवाद लेखन	1. तचत्र सिंग्रह : मठहला खखलाड़ी और उनका सिंखक्षप्त वववरण तलखखए I 2. देशभवि गीि/काव्य गायन
10.	February	21	If any lesson left that can be added in this month Revision for Final Exam	वाक्य अशुद्धिशोधन (संज्ञा, सर्वनाम, विशेषण, क्रिया आदि की पुरावृत्ति)	रचनात्मक लेखन अभ्यास	Subject enrichment activity- Reading and listening skill test
11.	March	20	पुनरावृत्ति और परीक्षा	पुनरावृत्ति और परीक्षा	पुनरावृत्ति और परीक्षा	

GRADE – V: ANNUAL PLAN (2021-22)

We need to evaluate four skill i.e. LSRW in children.

We have suggested lesson based one or two activity in the annual plan. Among these activity teacher can evaluate one of the activity as a subject enrichment activity which can cover speaking skill evaluation part. Teacher can keep record of regular reading session of the class and evaluate it as a part of reading skill test or can conduct reading activity separately for I to VIII. But for IX and X we have to conduct reading session separately to keep record of it

And we need to conduct listening skill test at least once in a term.

Writing part always be there in the form of class work, homework and different periodic test/Evaluation test.

व्याकरण और रचनात्मक लेखन के व्यवस्थापक भाग या वषय सत्र योजना में माह के अनुसार व्यवस्थापक ठकए गए हैं अध्यापक पाठ्यपुस्तिक में ठदए गए सहायक स्वाध्याय प्रश्नों को हल करने के दौरान छात्रों से वषय से संबंधित चर्चा करि हुए आवश्यकानुसार पढ़ा सकि हैं।

GRADE – V: ANNUAL PLAN (2021-22)**SUBJECT : MARATHI****Name of the Prescribed Books: सुलभभारती**

Sr. No.	Month	No of Working Days	Topic/Unit to be completed from Text book	Grammar	Act i v i t y& Worksheet
1.	April	22	१. नाच रे मोरा (गाणे) - २. हत्तीचे चातुर्य (चित्रकथा)	समानार्थी शब्द	इंद्रधनुष्याचे चित्र रंगवा व त्याखाली रंगाची क्रमानुसार नावे लिहा. चित्रे पहा व चित्रांवरून गोष्ट लिहा.
2.	June	24	३. खेळ्या शब्दांशी ४. ही पिसे कोणाची? ५. डराव डराव ! (कविता) ६. ऐक्या, खेळ्या	विरुद्धार्थी शब्द पशूपक्षांचे आवाज	ळ,ळा,ळी या अक्षरांनी शेवट होणारे शब्द शोधून लिहा. विविध पक्षांची पिसे जमा करा.एका पुठ्यावर प्रत्येक पक्षांचे चित्र आणि त्यासमोर त्यांचे पीस चिकटवा. विविध पक्षांचे, प्राण्यांचे आवाज वर्गात काढून दाखवा.
3.	July	20	७. खेळत खेळत वाचूया ! ८.कोणापासून काय घ्यावे ? (कविता) ९. सिंह आणि बेडूक (चित्रकथा)	समानार्थी शब्द शब्दसमूहांचे अर्थ	पाच चांगल्या सवयी लिहा. तुमच्या मित्रमैत्रिणीतला कोणता गुण तुम्ही घ्याल. पंचतंत्रातील गोष्टी मिळवून वाचा व वर्गात सांगा.

GRADE – V: ANNUAL PLAN (2021-22)

4.	August	23	१०. बैलपोळा (कविता) ११. इंधनबचत १२. बोलावे कसे ? १३ . अनुभव -१	शेवट समान असणारे शब्द नाम	पोळ्याच्या बैलाचे चित्र आकर्षक रंगात रंगवा. तुमच्या आवडत्या प्राण्याची माहिती पाच वाक्यांत लिहा. सौरऊर्जेवर चालणार्या उपकरणांची नावे लिहा. सर्वांशी कसे वागावे या बदलचे पाच सुविचार लिहा.
5.	September	20	१४. चित्रसंदेश Revi si on	समानार्थी शब्द	सार्वजनिक ठिकाणी लिहिण्यासाठी पाच सूचना तयार करा. तुम्हांला माहिती असलेल्या पाच नद्यांची नावे लिहा.
6.	October	21	१५. नदीचे गाणे (कविता) १६. मी नदी बोलते १७. आमची सहल १८. पैशांचे व्यवहार	लिंग, वचन अक्षरांपासून शब्द लिहा.	नदीचे प्रदूषण कमी कसे करता येईल, ते लिहा. 'भाजी मंडई' यावर पाच ते सात वाक्ये लिहा.
7.	November	14	१९. अनुभव -२ २०. गमतीदार पत्र	वचन विरुद्धार्थी शब्द	आईविषयी एखादी कविता मिळवा.व वर्गात म्हणून दाखवा.

GRADE – V: ANNUAL PLAN (2021-22)

8.	December	23	२१. छोटेसे बहीणभाऊ(कविता) २२. वाचूया,लिहूया . २३. प्रामाणिक इस्त्रीवाला	लिंग, वचन क्रियापद	भारतातील पाच राज्यांची नावे लिहा.
9.	January	22	२४. ऐका, पाहा, करा . २५. मालतीची चतुराई २६. पतंग (कविता)	वचन	टाकाऊ कागदांचा वापर करून वस्तू, भेटकार्ड बनवा. तुमच्या मित्राच्या/मैत्रिणीच्या चतुरपणाचे कौतुक झाले आहे का? ते वर्गात सांगा. पतंग तयार करून वर्गात लावा.
10.	February	21	२७. महर्षी विठ्ठल रामजी शिंदे २८. फुलपाखरू आणि मधमाशी	वचन, लिंग	तुम्हांला माहित असलेल्या पाच समाजसुधारकांची नावे आणि त्यांची चित्रे वहीत चिकटवा. फुलपाखरांविषयीच्या कविता मिळवा. वर्गात म्हणून दाखवा.
11.	March	20			

GRADE – V: ANNUAL PLAN (2021-22)**SUBJECT : SANSKRIT**

Sr. No.	Month	No of Working Days	Topic/Unit to be completed from Textbook	Grammar
1	APRIL	22	*मन्त्रः । *खाद्पदाथाः ।	गृहे खाद्पदाथानां नामातन अन्त्यान्पाठयि ।
2	JUNE	24	*रसाः । *स याः ।	*स यास्य नामातनलेखनम् ।
3	JULY	20	*मम माता मम देवि । *सङ्ख्या १-५०	नामातन तलखि ।
4	AUGUST	23	*पररच्छेदः । *सुभावषिमाला ।	कक्षयां प्रकटवाचनम् ।
5	SEPTEMBER	20	*सराव ।	सराव ।
6	OCTOBER	21	* लघुकथा । मासाः ।	लघु-वाक्यानां सरावः ।
7	NOVEMBER	14	*कक्षा वस्तुतन ।	वववधकक्षानां वस्तुतननामातन वदि ।
8	DECEMBER	23	*प्रहेतलका । *देवी सरस्वी ।	गीतिं गायि ।

GRADE – V: ANNUAL PLAN (2021-22)

9	JANUARY	22	*मुवषका पुनः मुवषका ।	कक्षायां प्रकटवाचनम् ।
			*-वार-क्रि -नामातन	
10	FEBRUARY	21	* सुभावषितन ।	सुभावषितन गायि ।
11	MARCH	20	परीक्षा .	परीक्षा

GRADE – V: ANNUAL PLAN (2021-22)**SUBJECT : EVS****Name of the Prescribed Books: NCERT**

Sr. No.	Month	No of Working Days	Topic/Unit to be completed from Textbook	Activity & Worksheet
1.	April	22	1.Super Senses. 2.Snake charmer's story.	1. Project: Collect information about Major National Parks of India. 2. Project: Make an album on 5 poisonous and 5 non-poisonous snakes.
2.	June	24	3. From Tasting to Digesting. 4. Mangoes round the year.	3. Project: Taste and classify the food items based on the taste. 4. Collect information about 5 packed food items. Example: MFG date, MRP, EXP date, NET weight. To find out whether it is fit to consume.
3.	July	20	5. Seeds and Seeds. 6. Every drop count	5. Experiment- Germination and its Stages. 6. Write slogans on- "Conservation of water."
4.	August	23	7. Experiments with water. 8. A treat for Mosquitoes. 9. Up you go.	7. Experiments- Sink/Float- Reason. Record observation. 8. A project on "Preventive Measures against Diseases caused by mosquitoes."

GRADE – V: ANNUAL PLAN (2021-22)

				9.Group Activity- “The spirit of Adventure.”
5.	September	20	10. Walls tell stories.	10. Group Activity- “Seven wonders of the World”.
6.	October	21	11. Sunita in Space. 12. What if it finishes? 13. A shelter so high. 14. When the earth shook.	11. Worksheet. 12. Word maze of “Fuels”. 13. Models of different types of house. 14.Presentation on “How to deal with different Natural calamities”?
7.	November	14	15. Blow hot, Blow cold. 16. Who will do this work?	15. Make a stethoscope to listen to your heartbeats. 16. “Swachata Abhiyan” of your own class
8.	December	23	17. Across the wall. 18. No place for us. 19. A seed tells a farmer’s story.	17. Find out the “National Games of any Ten countries.” 18. Conduct a debate between people living in cities and people living in slums. 19. Make a flowchart,” Process of Roti from field to our plate.”
9.	January	22	20.Whose Forest? 21.Like father, Like daughter. 22. On the move again.	20. Collect information about “Jhoom farming” 21. Observe- What all is part of you that you got from your mother’s side and father’s side. 22. Project on “Festivals of India.”
10.	February	21	REVISION	
11.	March	20	TERM-2 EXAMINATION	

GRADE – V: ANNUAL PLAN (2021-22)**SUBJECT : - MATHEMATICS****Name of the Prescribed Books: NCERT**

Sr. No.	Month	No of Working Days	Topic/Unit to be completed from Textbook	Workbook Page numbers	Worksheets / Activities
1.	April	22	Chapter1. The Fish Tale Textbook Page no. 1to 15.	Work book page no. 1 to 18.	SEA: Draw 5 different types of fishes using different shapes.
2.	June	24	Ch 2 Chapter2. Shapes and Angles	Work book page no.19 to 22.	SEA : Make 8 triangles using 6 matchsticks and a house using 10 matchsticks Portfolio : complete the Holiday homework given.
3.	July	20	Ch3 How many squares ? Chapter 4. Parts and whole (First half of the chapter). Textbook Page no.50 to 71.	Work book page no.23 to27. Work book page no.28 to38.	SEA: CH 3 Floor plan of a house drawn on a squared paper will be given and students will be asked to find the area and perimeter of each room.
4.	August	23	Chapter 4. Parts and Whole Textbook Page no.71 to 86(second half of the chapter). Chapter 5. Does it look the same? Textbook Page no. 71 to 86)	Work book page no. 39 to50. Work book page no.51 and 52.	Portfolio : CH 4 Q.4.Draw/make a fraction wall, make 13 rows on a sheet of a paper. The first row should be whole, the next should be halves, then

GRADE – V: ANNUAL PLAN (2021-22)

					<p>thirds, fourths etc., continue on to a row of twelfths:</p> <p>SEA : CH 5 Draw symmetrical rangoli designs Draw any two symmetrical pictures</p>
5.	September	20	<p>Ch 7 Can you see the patterns?</p> <p>Revision and term1 exam</p>	Work book page no.62 to 66	
6.	October	21	<p>Ch 6 Be my multiple,I'll be your factor</p> <p>Chapter8 Mapping your way</p>	Work book page no.53 to 61.	<p>SEA : CH 6 Take a paper plate and write/stick any number on the middle of the plate. Take icecream stickes and label it with the factors of the number and stick it as pairs to the side of the plate</p> <p>SEA: CH 8</p> <p>Draw any picture on a 1cm. square grid. Make the same picture on a 2cm. square grid and ½ cm. square grid</p> <p>SEA : CH 9 Make a floor map of any room of your house.</p>

GRADE – V: ANNUAL PLAN (2021-22)

Q	November	14	Chapter 9 Boxes and Sketches Textbook Page no.126 to 133	Work book page no.69 to72.	
8.	December	23	Chapter11.Area and its boundary Textbook Page no.146 to158 59to 169. Chapter 12. Smart charts Textbook Page no.159 to 169	Work book page no.80 to 84. Work book page no.85 to89 .	SEA: CH 11 Take a thick paper sheet of 14 cm length and width 9cm.cut strips of equal sizes out of it. Using tapes join the strips end to end to make a belt. Find the length of your belt and SEA : CH 12 Make a smart chart to show your family tree. Refer page 167 ,168 and answer the questions with reference to your family. the perimeter of the belt.
9.	January	22	Chapter10.Tenths and Hundredths Textbook Page no.134 to 145 Chapter 13. Ways to multiply and divide. Textbook Page no.170 to 186	. Work book page no.73 to 79 Work book page no.90 to 97	SEA: CH 10 The Longest Rupee Notes ? Measure the length and widths of all the currency notes of India and put it in the table. (Refer page 138 of your textbook) SEA : CH 13 Fun with multiplication Look for the pattern , Puzzles

GRADE – V: ANNUAL PLAN (2021-22)

10.	February	21	Chapter14. How big? How heavy? Textbook Page no.187 to 200	Work book page no.100	SEA : CH 14 Which Pipes Fills More? Collect 4 Thick paper sheets of the equal dimension (14cm x 9 cm) make pipes as shown on page 196 textbook . Find out which pipe can take most sand inside it .which pipe has the most volume?
11.	March	20	Term 2 Examination		

GRADE – V: ANNUAL PLAN (2021-22)**SUBJECT : ICT****Name of the Prescribed Books: Holy faith Pruquest**

Month	No. of days	Tests	Units/Sub units to be covered BOOK: Pre Quest: Holy Faith International (P) LTD.	Practical
April	22	No test	Lesson - 7: Algorithm & Flow chart	'In the Lab' : Pg. No 121 - A
June	24	-	Lesson – 9: Multimedia	In the lab: Pg. No. 149 - A
July	20	-	Lesson – 1: Formatting in MS - Word	In the lab: Pg. No. 21
August	23	No test	Lesson – 2: Working with objects in Ms - Word	In the lab: Pg. 39
September	20	No test	Revision of lessons 1, 2, 7 and 9	In the lab: pg. 58
October	21	Term - 1	Lesson - 3: Working with tables in Ms - Word	
November	14	-	Lesson – 4: Working in Ms – Power point	In the lab: Pg. 73
December	23	No test	Lesson – 5: Organizing slides in Power Point	In the lab: Pg. 87 – A In the lab: Pg. 107
January	22	-	Lesson – 6: Objects in MS – Power point	'In the Lab' : Pg. No 137 - A
February	21	No test	Lesson - 8 : Introduction to MS - Excel Revision: Lessons 3, 4, 5, 6, 8	In the lab: Pg. No. 165
March	20	Term - 2		

SUBJECT : SOCIAL SCIENCE

Name of the Prescribed Books: SOCIAL SCIENCE (MILESTONES-5)

Sr. No.	Month	No of Working Days	Topic/Unit to be completed from Textbook	Activity (Art Integration) and Worksheet
1.	April	22	1. Our Amazing Planet-Earth (5 Periods) 2. Grids on Earth (5 Periods)	Drawing and painting Draw and colour a diagram showing the planets of our Solar system revolving in an elliptical orbit. Colouring: Show the 7 continents and 5 oceans on the world map using different colours.
2.	June	24	14. From Cave Drawings to the Web (4 Periods) 3. Rotation and Revolution (4 Periods)	Draw and colour a diagram of day and night. Label the diagram.
3.	July	20	4. Our Beautiful Country (5 Periods) 5. Bountiful Nature (4 Periods)	Make a model using material available at home to show different landforms.

GRADE – V: ANNUAL PLAN (2021-22)

4.	August	23	6. Hot and Cold (5 Periods)	<p>Role play: Present a TV World Weather Report in class. Try to make it as interesting as you can.</p> <p>Drawing & colouring: Draw the Climatic zones of the Earth</p>	
			<p>15. Knowledge is Power (5 Periods)</p> <p>7. Democratic Republic of Congo (4 Periods)</p>	<p>Calligraphic: Writing of Devanagari, Roman, Egyptian alphabets (Script)</p>	
5.		September	20	16. Health in Your Hands (4 Periods)	
6.		October	21	<p>8. Land of the Midnight Sun (4 Periods)</p> <p>9. Land of Hot Sands (4 Periods)</p> <p>10. Grasslands (3 Periods)</p>	<p>Prepare a model of Whale and display it in your class.</p> <p>On a world map, mark the temperate grasslands of the world with different colours.</p>

GRADE – V: ANNUAL PLAN (2021-22)

7.		November	14	17. The British in India (5 Periods)	
8.		December	23	18. Freedom of India (5 Periods) 11. Live in Harmony (4 Periods) 12. The Moody Earth (4 Periods)	Role Play: Role play of the freedom fighters and social reformers. Poster Making- Reduce, Reuse & Recycle Model Making: Make a model of a volcano erupting and present it to the class.
9.	January	22	19. The Indian Government (5 Periods) 20. Let's Make Peace Not War (5 Periods)	Research: Who were the founding members of the United Nations?	
10.	February	21	13. From one end to the Other (4 Periods) 21. Meet the Nobel Laureates (3 Periods)	Model Making: Different types of transportation. Collect the information about the Nobel Laureates from India. Stick their pictures and write about the field in which they got the Nobel Prize.	
11.	March	20	Revision		

GRADE – V: ANNUAL PLAN (2021-22)

GRADE – V : ANNUAL PLAN (2021-22)

SUBJECT : PHYSICAL EDUCATION

CO-SCHOLASTIC

Sr. No.	Month	No of Working Days	Topic	Activity
1.	April	22	Endurance Related Exercises & Basic exercise.	<ul style="list-style-type: none">· Explaining the benefits of exercises.Endurance Exercise· Warm-up· Basic Endurance Exercise<ol style="list-style-type: none">1. Breast Hold2. High Knees3. Single Leg Bridge4. Lunges Knee Drive5. POP SquatsBurpees<ul style="list-style-type: none">· Common exercise· March past orders and Mass PT

GRADE – V: ANNUAL PLAN (2021-22)

2.	June	24	Cool – Down & Stretching exercise	<ul style="list-style-type: none"> · Stretch 1: The Overhead Arm Pull • Stretch 2: The Rear Lunge <ul style="list-style-type: none"> · Stretch 3: The Extend and Flex · Stretch 4: The Thigh Stretch · Stretch 5: The Single–leg Over · Exercise Related Motivational video · Mass PT · Skating\Swimming · International yoga day celebration
3.	July	20	Team game & Athletics events	<ul style="list-style-type: none"> · Explaining the Rules, History, Ground Measurement about Team games(volleyball \Throwball\Basketball\Baseball\Cricket etc) · 100m.Racing,Rely race,shortput and javelin throw · Team game basic skill · Cool down exercise · Badminton demo · Swimming \other
4.	August	23	Indoor games & Speed Related Exercise	<ul style="list-style-type: none"> · Carrom · Chess · Explaining the benefits of Speed Exercises Warm-up, Spot Jogging , Speed ladder, Burpees. · Fun games · Other activities · Competitions & Game practice · International sports day

GRADE – V: ANNUAL PLAN (2021-22)

5.	September	20	Physical development exercise	<ul style="list-style-type: none"> · Jumping jacks with clap, Box jump. Note(5 exercises x 3 rounds of the above exercise, Counting 40 seconds-15 sec Rest.) Cool-Down. · Dodge ball in circle formation · Importance & Benefits of Co ordinative Exercise Warm-up, Skipping, Alternate feet shuffling, onefoot square jump, one foot lateral hop, the lift off, big step lunge, side lunge. Cool down
6.	October	21	Team building games	<ul style="list-style-type: none"> · Action activity · Ball in the bucket · Tug of war · Ten pass · Kho-kho
				<ul style="list-style-type: none"> · Kabaddi · Softball basic
7.	November	14	Indian traditional game	<ul style="list-style-type: none"> · Lingorcha · Langdi · Kure ghodi · Dhappen kuti · Gilli danda · lagori

GRADE – V: ANNUAL PLAN (2021-22)

8.	December	23	Meditation	<ul style="list-style-type: none">· Music meditation· Tratak· Pranayama· Team game practice· Annual sports day
9.	January	22	Drill and march pass	<ul style="list-style-type: none">· Mass PT· March past \kadam taalDrill practice with equipment· Republic day celebration and practice
10.	February	21	Other activity	<ul style="list-style-type: none">· Standing position in National anthem ·Discipline related topic· Balancing activity· Fungame
11.	March	20		PT Exam

GRADE – V: ANNUAL PLAN (2021-22)**SUBJECT : YOGA****CO-SCHOLASTIC**

Sr. No.	Month	No of Working Days	Topic	Activity
1.	April	22	Yoga Prayer ,Introduction of YOGA, Yogic Exercise with basic asanas and Shantipath.	
2.	June	24	All steps of sun salutation , Practice of International Yoga Day celebration	International Yoga Day celebration (21 June)
3.	July	20	All steps Of Sun salutation with Beej mantra.	
4.	August	23	Basic Yoga with Six Asana's , Independence Day 15 th August Preparation .	Yoga Demonstration on Independence day Celebration
5.	September	20	Practice of Sun salutation and Asana's .	
6.	October	21	Yogasan Examination	
7.	November	14	Various Asanas and Pranayam	
8.	December	23	Different types of Asana's and Meditation,Preparation and practice for Sport's Day	Annual Sports Day Yoga Demo

GRADE – V: ANNUAL PLAN (2021-22)

9.	January	22	Preparation and practice of Advance Yoga Pyramid's on Republic Day	Yoga Demonstration on Republic Day Celebration
10.	February	21	Asanas,Pranayam and Meditation Revision	
11.	March	20	Yogasan Examination	

GRADE – V: ANNUAL PLAN (2021-22)**SUBJECT : MUSICAL (VOCAL / INSTRUMENTAL)****CO-SCHOLASTIC**

Sr. No.	Month	No of Working Days	Topic
1.	April	22	Vande Matram, Pasaydan
2.	June	24	Shloka ,Mantra
3.	July	20	Devotional Songs
4.	August	23	Patriotic Songs
5.	September	20	English Songs 1) We shall overcome 2) Give me oil in my lamp
6.	October	21	Diwali Songs & Prayer
7.	November	14	Basics of Instruments Tabla, Harmonium, Piano etc .
8.	December	23	Christmas songs
9.	January	22	Traditional songs
10.	February	21	Powada On the occasion of Chatrapati shivaji Maharaj Jayanti
11.	March	20	Tabla/ Piano Basic

GRADE – V: ANNUAL PLAN (2021-22)**SUBJECT : DANCE (CLASSICAL / CONTEMPORARY)****CO-SCHOLASTIC**

Sr. No.	Month	No of Working Days	Topic	Activity
1.	April	22	Dance on Bollywood steps	
2.	June	24	Folk dance	Theme Dance competition
3.	July	20	Maharashtrian Folk Dance	Dindi celebration
4.	August	23	Patriotic dance/ western dance (stunt dance)	Patriotic theme Dance
5.	September	20	Revision of Term I all dances (Exam)	-----
6.	October	21	Gujarati folk dance (garaba, dandiya)	Dandiya, Garba dance
7.	November	14	Folk fitness/ Zumba	Zumba/aerobics/ fit India
8.	December	23	Goan folk dance	Christmas celebration
9.	January	22	Hip-hop dance	Patriotic dance competition
10.	February	21	Contemporary	Dance Workshop by Guest
11.	March	20	Introduction of house dance / Revision of Term II all dances (Exam)	

GRADE – V: ANNUAL PLAN (2021-22)**SUBJECT : ART (DRAWING)****CO-SCHOLASTIC**

Sr. No.	Month	No of Working Days	Topic
1.	April	22	<ul style="list-style-type: none">● Basic Shapes, Lines● Cartoon Sketches
2.	June	24	<ul style="list-style-type: none">● Knowing Basic colours Shades of different colours● Pattern making using basic shapes
3.	July	20	<ul style="list-style-type: none">● Cityscape (crayon sketching)● Number fun● Printmaking (Thumb Printing)
4.	August	23	<ul style="list-style-type: none">● Object Drawing
5.	September	20	<ul style="list-style-type: none">● Still Life
6.	October	21	<ul style="list-style-type: none">● Human Figure Basic Drawing● Nature Drawing
7.	November	14	<ul style="list-style-type: none">● Memory Drawing● Diya Decoration● Rangoli Art
8.	December	23	<ul style="list-style-type: none">● Monsoon Memory Drawing● Free hand drawing
9.	January	22	<ul style="list-style-type: none">● Printmaking Using Spray Painting ● Poster Making
10.	February	21	<ul style="list-style-type: none">● Sari border design● Calligraphy Art
11.	March	20	<ul style="list-style-type: none">● Art Final Exam

GRADE – V: ANNUAL PLAN (2021-22)**SUBJECT : CRAFT****CO-SCHOLASTIC**

Sr. No.	Month	No of Working Days	Topic
1.	April	22	
2.	June	24	
3.	July	20	
4.	August	23	<ul style="list-style-type: none">● National Flag Paper Cutting● Rakhi Making
5.	September	20	<ul style="list-style-type: none">● Ganesha Idol Making
6.	October	21	<ul style="list-style-type: none">● Jewellery Making (paper bud necklace)
7.	November	14	
8.	December	23	<ul style="list-style-type: none">● Face Mask making by using Card Sheet
9.	January	22	<ul style="list-style-type: none">● Frame Making
10.	February	21	<ul style="list-style-type: none">● Flowers (Tissue paper)
11.	March	20	Annual Examination